



## AUGUSTINIAN FRIARS

### PASTORAL STAFF

Fr. Luis A Vera, O.S.A.  
*Pastor*

[Pastor@stnicholasoftolentinebronx.org](mailto:Pastor@stnicholasoftolentinebronx.org)

Fr. Joseph Tran- *Associate*

Fr. Frank Barr, O.S.A.  
*In Residence*

Fr. William Wallace, O.S.A.  
*In Residence*

Br. Bienvenido Rodriguez, O.S.A.  
*In Residence*

CATHOLIC FAITH  
FORMATION  
Jesus DeLaRosa

DIRECTOR OF MUSIC  
Mr. Daniel Kirk-Foster  
Mr. Dang Vu

ACCOUNTING  
Ms. Shelly Parkin

PLANT MANAGER  
Mr. Jesus Liriano  
917-579-6720

RECEPTIONIST  
Ms. Lucy Maldonado

# ST. NICHOLAS OF TOLENTINE CHURCH

2345 UNIVERSITY AVENUE BRONX, NY 10468

TEL. (718) 295-6800 [www.stnicholasoftolentinebronx.org](http://www.stnicholasoftolentinebronx.org) FAX (718) 367-7411

## MASS SCHEDULE

### Saturday Vigil

7:00 p.m. **Spanish** (piano & cantor)

### Sunday

8:00 a.m. **English** (organ & cantor)

9:30 a.m. **Spanish** (piano & choir/cantor)

11:30 a.m. **English** (organ & choir/cantor)

1:30 p.m. **Vietnamese** (keyboard & choir)

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<b>Weekdays</b>	8:30 a.m. <b>Spanish</b> (Mon-Fri.)	12:10 p.m. <b>English</b> (Mon-Fri)
	7:45 a.m. <b>Vietnamese</b> (Thu & Sat)	

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### CATHOLIC FAITH FORMATION

All those who are called to follow Jesus in the Catholic faith along with Catholics already baptized (adults, youth & children) who desire to celebrate the sacraments of First Confession, First Communion and Confirmation can make contact with the coordinator of this area for information about the various programs available. Registration for these programs are announced in the bulletin during various times of the year. Also appointments can be made in the parish office at anytime.

Parents wishing to baptize their children (ages 1-5) are invited to make an appointment in the parish office to speak with a staff member in order to make arrangements for participating in the Baptismal Program.

### SACRAMENT OF RECONCILIATION (CONFESSIONS)

Saturday 4:00-5:00 p.m. and at the parish office by appointment.

### MARRIAGE

Couples planning to be married should call for an appointment six months in advance of the wedding.

### VISITS TO THE SICK

In emergency, call the parish office at any hour. Please inform the office of sick or homebound who desire the sacraments.

### NEW PARISHIONERS

Welcome to all parishioners.

We encourage all parishioners to register at our parish office. We invite new parishioners to make an appointment to meet a member of the parish staff.

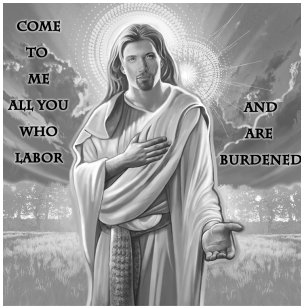
## PARISH OFFICE HOURS

MONDAY - FRIDAY 9:00 a.m. - 12 Noon open (12 pm - 1 pm closed)  
1:00 p.m.- 5:00 p.m. open (5 p.m. - 6 p.m. closed) 6:00 p.m.- 8:00 p.m. open  
SATURDAY 9:00 a.m. - 2:00 p.m.  
SUNDAY 9:00 a.m. - 2:00 p.m.



FOURTEENTH SUNDAY IN ORDINARY TIME

SHARE THE BURDEN



“Come to me, all you who labor and are burdened, and I will give you rest” (Matthew 11:28). These words of our Savior seem to be in stark contrast to the previous chapter from the same Gospel, when we were told that if we do not take up our crosses, we are not worthy of Christ. Connecting these two messages might help us on our faith journeys. Being a follower of Christ surely means that we must embrace the cross, in its mystery of both suffering and triumph. This is something that we need not do alone, for the burden is often too heavy for us to carry by ourselves. Who, then, do we turn to? We can turn to the Body of Christ—the community of disciples gathered for worship. When we find the burden too heavy, let us remember that we can share that burden with our Christian sisters and brothers, who can help bring us rest.

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TODAY’S READINGS

**First Reading** — Rejoice heartily, O Jerusalem! For see, your savior comes (Zechariah 9:9-10).

**Psalm** — I will praise your name for ever, my king and my God (Psalm 145).

**Second Reading** — The one who raised Christ from death will give life to your mortal bodies also (Romans 8:9, 11-13).

**Gospel** — Come, all you who labor and are burdened, and I will give you rest (Matthew 11:25-30).

The English translation of the Psalm Responses from *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

IT’S NOT ROCKET SCIENCE

So how do we declutter? Downsize? Devote ourselves again to Christ and live out our gospel calling? Sign up for a liturgical ministry, or volunteer to help with a religion program. Join a small faith group. Volunteer at a food pantry or Habitat for Humanity. Become involved as an individual, or a family. Meanwhile, back at the house, make a commitment to go through one drawer a day, and take things to your local St. Vinnie’s or secondhand store. Remember meal and bedtime prayers. Find a minute to read the daily scriptures. Take many baby steps. It’s not rocket science. It is a continual commitment to bring ourselves as we are, and to respond to Jesus’ call to “Come.”

OUR COMPLICATED LIVES

We live in an age and a society that has never been more educated or had a higher standard of living, yet never have we carried as much debt. Many are living beyond their means. We have so many resources and time-saving devices at our hands, yet our lives are more complex than ever. While many people may not engage in extreme manual labor we rarely escape our jobs. Many are connected through phones and constantly receive calls, texts, and emails. Others spend hours in traffic on their daily commutes or pack on the frequent flyer miles.

We spend hours binge-watching our favorite shows. Many children are accustomed to being in front of a screen all the time and no longer know how to play creatively. The statistics for those who continue to leave the Church and all forms of organized religion also continue to rise.

While there is no such thing as a “good old days” to return to, there was something to be said for sleeping soundly after putting in a good day’s work, and for a family gathering around the table for a shared meal. For many, this model for eucharist rarely exists. Jesus knows and feels our pains, and calls out, “Come to me, all you who labor and are burdened, and I will give you rest.”

Many years ago, there was a very popular Christian poster that did nothing but list names for God from the scriptures. While it included powerful names like “Lion of Judah” and “Wonderful Counselor,” as a whole it was a sharp contrast to the simple and beautiful images present in our scriptures today. The prophet Zechariah prefigures the Christ coming in meekly and mildly on an ass—the vision we might have of Palm Sunday. In Romans Saint Paul reveals to us our truer selves, calling us to embrace the Spirit of Christ, put aside our fleshly beings, and live more fully in Christ. In the Gospel of Matthew, Jesus bypasses the learned, and God reveals things to the childlike. We are presented with a simple, straightforward approach to God, and to finding God.

Please visit our website for all the latest information and special Prayer Services, at: [stnicholasoftolentinebronx.org](http://stnicholasoftolentinebronx.org) and join us on Facebook, St. Nicholas of Tolentine Parish

Meek and Humble God

Jesus tells us in today's Gospel that he is "meek and humble of heart." Yet just a few lines before this, he says that he is equal to his Father, the almighty God. So how can the Son of God be both meek and mighty?

For Jesus, being meek does not mean letting people push him around. If he were meek in that sense, he could not have thrown the moneychangers out of the temple. Jesus' meekness meant doing the will of God completely. The challenge for us comes in his words "learn from me." We must learn to do God's will as completely as Jesus did.

First, it means that we do all that God wants of us. We cannot pick and choose what we want to do and what we want to ignore. If some things seem too difficult or painful for us, we may need more faith in Jesus' ability to make the burden easy. For example, sometimes we may hear Jesus' command to love one another and reserve the right to love whom we choose. Or we may reserve the right to decide which teachings of the Church we will follow. But doing God's will completely means doing it without reservation.

Second, we may try to do all that God asks, but give up if something becomes too difficult. We may say we forgive someone, for example, but when they reject that forgiveness, we become even angrier. Or we may tire of being patient with someone and be verbally hurtful. Or maybe we agree to help on a parish project but quit when someone disagrees with us. We can learn from Jesus how to do each part of God's will to completion, as Jesus did all the way to the cross.

So how is the Son of God humble? True humility means acknowledging who we are and what we can do. Jesus is simply being humble when he says that he is equal to the Father. So too, we are humble when we do not hide the fact that we are children of God and brothers and sisters of Jesus. Instead of a false modesty that claims "I'm not good enough to follow all of God's commands," it takes true humility to accept that we can do God's will because the Spirit is with us to help us.

You must wear a mask to attend mass. If you are not wearing a mask, you will be turned away at the door. Attendance is also limited to a certain amount of people so it is on a first come, first served basis. Temperatures will be checked upon entering and anyone presenting with a fever will be turned away. You will be seated upon entering the church and you are asked to remain in that seat until instructed to rise from it. There will be people there to guide you through all of these new steps. We ask all of this for your safety and the safety of your church family.

The parish office is now opened.  
Confessions are by appointment only. Please call 718-295-6800 for an appointment time.

READINGS FOR THE WEEK  
JULY 6, 2020

Monday: Hos 2:16, 17b-18, 21-22; Ps 145:2-9; Mt 9:18-26  
 Tuesday: Hos 8:4-7, 11-13; Ps 115:3-10; Mt 9:32-38  
 Wednesday: Hos 10:1-3, 7-8, 12; Ps 105:2-7; Mt 10:1-7  
 Thursday: Hos 11:1-4, 8e-9; Ps 80:2ac, 3b, 15-16; Mt 10:7-15  
 Friday: Hos 14:2-10; Ps 51:3-4, 8-9, 12-14, 17; Mt 10:16-23  
 Saturday: Is 6:1-8; Ps 93:1-2, 5; Mt 10:24-33  
 Sunday: Is 55:10-11; Ps 65:10-14; Rom 8:18-23; Mt 13:1-23 [1-9]

MASS INTENTIONS FOR THE WEEK  
JULY 6, 2020

**Monday**  
 8:30am Felix Cruz Ramirez  
 12:10pm  
**Tuesday**  
 8:30am Marisol Ramirez  
 12:10pm  
**Wednesday**  
 8:30am  
 12:10pm  
**Thursday**  
 7:45am  
 8:30am  
 12:10pm  
**Friday**  
 8:30am Teodora Mercedes (D)  
 12:10pm  
**Saturday**  
 7:45am  
 5:00PM  
 7:00pm  
**Sunday**  
 8:00am People of SNT  
 9:30am Maria Rosa Mármol  
 11:30am Mary Velez (D); Peter Scavetta (D)  
 1:30pm Phero Le Thanh  
 3:30PM

OFFERTORY COLLECTION  
MARCH 23, 2020

Tithing: \$265.00  
 Children: \$0.00  
 Total: \$265.00

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Gloria Chung, OD  
Melissa Leung, MD  
James Kirsztrot, MD  
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Zimei Zhou, MD, PhD

**WHY IS IT**

A man wakes up after sleeping under an ADVERTISED blanket on an ADVERTISED mattress and pulls off ADVERTISED pajamas bathes in an ADVERTISED shower shaves with an ADVERTISED razor brushes his teeth with ADVERTISED toothpaste washes with ADVERTISED soap puts on ADVERTISED clothes drinks a cup of ADVERTISED coffee drives to work in an ADVERTISED car and then . . . refuses to ADVERTISE believing it doesn't pay. Later if business is poor he ADVERTISES it for sale.

**WHY IS IT?**



**1430 AM**  
**1160 AM**

**America's Catholic Talk Radio Network**



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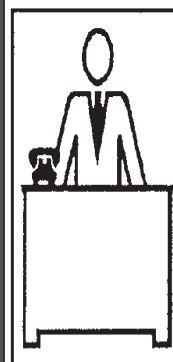
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January 23 | Enero 23  
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March 24 | Marzo 24  
5:30PM-6:30PM



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